



EARTH PROTECTOR

eco-challenge

<p>Use a reusable drink container instead of one that's used once.</p> 	<p>Turn off the water when brushing your teeth.</p> 	<p>Eat seafood? Ask your family to look for sustainable seafood or swap for an Earth-friendly protein.</p> 
<p>Enjoy a walk outside in nature and safely pick up litter.</p> 	<p>Turn off the lights every time you leave a room.</p> 	<p>Recycle plastic, glass, cans, and paper. Or, upcycle them! (Ideas: use as craft supplies or storage containers)</p> 
<p>Ask your family to bring reusable bags for shopping.</p> 	<p>Going outside? Use reef-friendly sunscreen. even inland!</p> 	<p>Pack food in reusable containers.</p> 